

CHAPTER 10



Health and the Evolving Spirit



The condition of health is indeed determined by the spiritual balance experienced within the body. Human thinking operates on a consciousness of survival. Survival is however based on fear. Consciousness is revealed as manifested thought, forming wave patterns that become electro-chemical neurotransmitters. A few of these familiar neurotransmitters are Serotonin, Melatonin, Tryptophane, Pinoline, Himmalene etc. This is the manner by which perceptions form our reality. At the very moment a thought or perception is conceived, an electrical impulse is sent to appropriate neurons in the brain. These electrical impulses make their way through the spinal fluid produced in the ventricles of the brain. The cells are then bathed in this fluid, while flooding the body with the energy of the thoughts being generated.

Through these amino acids which form neurotransmitters the physical and emotional position of each being is determined. These essential amino acids are compromised when there is an inadequate supply of enzymes supplied to the body. The survival mode veils the natural spiritual balance or alignment, altering the appropriate electrochemical production. When this occurs, the body is traumatized and the electrical balance is altered. The acid level is then increased, leaving the body minimally oxygenated. We become chemically caught in a cycle, which blocks the potential for new perceptions. It becomes difficult to form a new pathway of thinking about emotionally challenging situations in our lives. If reality is only what we dare to dream then we have all been stuck on the same dream for eons. Every attitude is formed from the principles of quantum physics, “we cannot observe something without changing it”. You are the observer in a sea of potentials, and you are the observer interacting with the quantum field. Every thought creates wave patterns and thoughts are perceptions.

Amino acids are the fundamental building block of life and unless we have arrived at a spiritually evolved state of consciousness to chemically transmute the poisons consumed from our diets, then it is essential to be more cognoscente of the level of charge within the foods we ingest. In other words unless we have transcended our attitudes then our bodies are still being steered by the same level of vibration of thoughts and perceptions. Such lower frequency attitudes breed a thinking process of doubt and fear. Such emotions produce a cycle of chemical addiction to opiates in the brain. It is then very difficult to shift our focus from the challenges in our life; we cannot seem to stop thinking about

each situation looming with impossibility. We become consumed with this ongoing assessment creating a million scenarios of the same unending emotional drama. This emotional process imposes stress on the body, lessening the electrical balance within the cells. This in turn lowers the alkaline level forming an acid environment. This greatly interferes with the brain's capacity to operate at an optimum level. Such essential energies as clarity, memory and creativity are altered, as the body becomes a stagnant pond for life forms that are in resonance with a minimally oxygenated environment; parasites, bacteria, virus's etc. The body becomes a breeding ground for dis-ease.

Within this reality we are pupated by subliminal messages orchestrated by advertising companies, hired by the corporate empires on the planet; these self-appointed rulers are ignorantly supported by humanity. Earth beings have surrendered their well being into the hands of government, big business and religion. A mind lacking in creativity and abundant in illusions of security is a vulnerable vehicle for control and manipulation. Programming the human mind can be done when brain waves are at a frequency of 480 MHz. Mind control is then easily interjected into the equation of everyday life.

How are brain waves lowered to 480mh? This can be done through various means of technology, like HAARP (High Frequency Active Auroral Research Project); which is an ionosphere heater created by the government in 1994. When billions of watts of radiation is directed into the atmosphere, the radiation bounces back on the surface in the form of long waves affecting brainwave patterns, penetrating the human body at the cellular level and affecting the planets ecological system. There is also RHIC (Radio-Hypnosis Intracerebral Control) and EDOM (Electronic Dissolution of Memory). Through these various methods memory can be altered greatly. Such forces can be a binding factor when we move about blinded by the illusion of survival. We become vulnerable and submissive when the major substance of survival is compromised in the areas of food, clothing, shelter, and in distorted areas about love and sex. These are humanity's weak points and the avenues by which manipulation is most often rendered.

How can one be excluded from these levels of control? To climb out of the darkness and into the light is to recognize that our lives have been operating on social codes. These are the expectations set forth for the collective, based on superficial reasons, in order to fulfill social and economic standing. Health is greatly affected by this social process as many become emotionally disempowered in an attempt to bring these expectations to fruition. The pursuit of physical acceptance has also imposed undue stress as men and women make great effort to achieve the acceptable look, becoming pawns in the marketing scheme of big business.

What kind of impact does television have on our minds? Television is one of the most effective methods of mind control. Although this seems to be a common conclusion, very few are aware of the degree of suggestive thoughts that are being projected to the viewer. Television affects the endocrine system of the viewer by releasing endorphins, the natural opiate production in the body. These are

addictive or habit forming chemicals much like heroin, morphine etc., as they are similar in chemical composition. Television provides an addictive pleasure, a chemical high without the use of other substances. Viewers become entranced, numbing the left brain. The left brain is crucial in the analyzing and processing of incoming information. The right brain provides an emotional response without the detailed analysis provided by the left brain. It is during this transition of operating in the lower brain that the hypnotic suggestions, orchestrated by the marketing firms achieve success. Advertisers bank on the drone like state of the viewer in order to sell their products. Regardless of the quality of the product, if it is flashed in front of the viewer a sufficient number of times, the odds are likely that sooner or later a sizable percentage will become a consumer of the product. Food cravings are suddenly activated following a mouth-watering food commercial. Sex is largely used in most marketing strategies. When the sexual centers are activated it has the same chemical effect on the brain as the body moves into its pleasure and fantasy mode.

Sexual energy is our "time machine" when used correctly. It is our center of magic. When this pathway is activated the form is completely open psychically and the spiritually unaware becomes vulnerable to deep levels of suggestions. We are also affected in this manner by music. The children of the planet, (that includes everyone), are greatly affected by much of the music and lyrics played over the airwaves. Music is thought made audible harmonically; therefore our energy field is being penetrated by the energy or the mood of the musician, lyricist during their moment of creative inspiration and during the process of the recording.

How does this impact our health? When we relinquish complete power to another we gradually decrease our life force, our *chi*. You are but a robot to a master that cares nothing about your emotional, physical and spiritual well being. The only concern is that you continue to sustain the economic machine at all cost. Your illness now and in the future guarantees an open-ended cash flow for the pharmaceutical companies, insurance companies etc. Humans automatically become economic machines from birth throughout ones life until departing the planet. A healthy body establishes more assurance of a clear mind. An alkaline form establishes clarity and expansiveness in thinking. A mind at ease is a body at ease, instead of dis-eased. Such an understanding will assist in transcending health issues. There are no health conditions that are final in the body but generally appear final due to lack of knowledge and quite often to the trust and power we have placed into the hands of another. We must seek truth for ourselves and secure our own well being through inner guidance, for the body is but a vehicle awaiting your command to be properly activated.

The Programming of Stem Cells

It is a scientific fact that the egg and the sperm are immortal. It is also a fact that cells replicate themselves. There are over 200 types of cells in the body, each having different programs for replication. The study of stem cell research is uncovering much previously undiscovered knowledge of cell

reproduction and regeneration. Stem cells are defined as living cells that have not yet differentiated to form specific body parts. The public is only being fed bits and pieces as seen fit for public knowledge. Scientists are discovering that the production of eggs by human females might not be a finite process. There are significant genetic similarities between the human female and the female species of fruit flies and mice according to scientists. These results show the possibility of infinite egg production in human females. Mice and fruit fly studies have shown that the older eggs die off and new eggs are generated. Scientists are now scrambling to discover if this process hold true for humans. Why should there be fertility differences between men and women? A man is capable of fathering a child well into his 80s and older yet a woman's body shuts off quite a bit sooner. Many may respond that it is nature's way of balancing the population. There are many hidden reasons supporting this genetic foul play. However, it has gone unquestioned as we have become accustomed to accepting things as they are. There are a group of stem cells responsible for the production of sperm and eggs, allowing scientists to experiment in stem cell research by artificially creating embryos.

Stem cells are self-renewing and supply such areas as blood, nerve and muscle cells. Stem cells, however, replicate, separating themselves into specialized cells in response to the essential supply. This process allows for the replacement of cells as they die. The issue currently being faced is the use of Embryo Stem cell. The reason being is that it has been assessed that ES (embryo stem) has the potential to differentiate into an infinite number of tissue types while adult stem cell have been observed to maintain specialized function and replicated characteristic. This establishes a slower process in adult stem cells meeting the needs of cell replacement or repair in a timely manner if at all. Stem cells are chemically triggered in determining division according to specific tissue requirements. Every cell in the body is in continuous communication both chemically and electrically transmitting information regarding the needs of the body.

The following was taken from an article by Denise Fitzpatrick Director, Media Relations:

A University of Louisville scientist has identified cells in the adult body that seem to behave like embryonic stem cells. Researcher Mariusz Ratajczak and his team have found adult stem cells that behave like embryonic stem cells. The newly-identified cells, called "very small embryonic-like" (VSEL) stem cells, have the same structure and protein markers as embryonic stem cells. His team also has grown VSEL cells in a lab and has stimulated them to change into nerve, heart and pancreas cells. In a discovery that has the potential to change the face of stem cell research.

The cells, drawn from adult bone marrow, resemble embryonic stem cells and appear to mimic their ability to multiply and develop into other kinds of cells, said Mariusz Ratajczak, director of the stem cell biology program at U of L's James Graham Brown Cancer Center, who led the research project. The finding, presented at the 47th Annual Meeting of the American Society of Hematology in Atlanta, was announced Dec. 12 at the society's news conference. 13

Stem Cell Bioengineering is the approach being taken at this time in programming or directing stem cells such as neural stem cells in neuron production in repairing the nervous system. According to The Department of Plastic and Reconstructive Surgery, Kyoto University Graduate School of Medicine, Shogoin, Sakyo-ku, Kyoto, Japan, "findings suggest that neural stem cells integrated by infusion through CSF (Cerebral Spinal Fluid) might have a beneficial effect on nerve regeneration". Scientists have not yet elected to place focus on the potential of the human mind and the thought process in communicating with stem cells in our bodies. We then have the ability to direct the repair of nerve damage, tissue and limb replacement in our own bodies. According to Dr Stone, as quoted in the book 'The Polarity Process, by Franklyn Sills:

"The cerebrospinal fluid conveys the energies of the mind throughout the body! Mind energy is considered to be the first principle of life. The mind, or causal realm, contains the pattern energies of life within it. It steps down into physical form and brings the blue print of that form with it. He goes on to say that through the CSF (cerebrospinal fluid), mind functions in the body as 'the light of intelligence'. 14"

These new findings along with the fruit fly and mice are causing scientists to seek out the possibility of delaying the process of menopause. This would retard the aging process which is regulated hormonally as the severe decrease in estrogen increases the aging process. It is also clear that the human body has been designed to operate within the extent or level to which our individual enlightenment will allow us to discover. The body as a vehicle awaits our command as stem cells remain undifferentiated awaiting guidance from our own mind in forming, regenerating or renewing affected areas of our vessel. The cycle of death is then supported by our shortsightedness of the body's natural renewal capabilities.

Although no one really dies, the death cycle disallows for new experiences beyond the current consciousness of this matrix. (See *Overlay Realities and Man*, Chapter 8). There is an original matrix or system that lies beneath this deceptive matrix. That reality is separated by the current consciousness of death and of gravity. The original matrix is built on Superconsciousness. That is consciousness that operates in fluidity, for in Super consciousness the concept of decay does not exist as all things exist from a space of fluidity and of non-attachment. In other words within that level consciousness there is full awareness of the movement of energy, from one form to another, simply through shifts in perception. It is a consciousness where the imagination is free to explore the unlimited potentials in the quantum field. (See *Fourth/Fifth Dimension* Chapter 7)